

PATHS

2

WELLBEING

**SUPPORTING YOU TO FIND SERVICES
AND COMMUNITY SUPPORTS.**

Paths2Wellbeing provides information and support to people who are seeking to find services for mental health and well-being reasons (including those who are not eligible for NDIS).

We offer you

- Support from people with lived experience of mental health
- Information about options and ways to access services
- Information sessions to understand the pathways open to you
- Workshops to help you with the skills and tools to express your needs when trying to locate a service that is right for you

Paths2Wellbeing can support you to

- Identify, find and choose the right services for you
- Connect with services that support your recovery
- Speak up about your needs and interests
- Find your pathway to the supports in your community

CoMHWA



Consumers of Mental Health WA (Inc)



To find out more contact CoMHWA on

(08) 9258 8911

E: admin@comhwa.org.au

Paths2Wellbeing is supported by



Government of Western Australia
Department of Communities
Disability Services